



### PRINCIPAL'S DESK



The month of September was an important one for the departments of Pharmacology and Clinical Pharmacology as well as Pharmacists. The month was mainly dedicated towards safe use of drugs. The world patient day was celebrated on 17<sup>th</sup> of September. The theme of this year was "Medication without harm" This aims to reduce the serious avoidable medication related side effects by 50% globally in the next 5 years. The day was celebrated by the Pharmacology department followed by the conduct of Pharmacovigilance week which emphasised on encouraging the patients to report adverse drug reactions. I appreciate the creative activities conducted by the department which included a poster competition for the MBBS students.

25<sup>th</sup> September was celebrated as World Pharmacist day. The theme was "Pharmacy united in action for a healthier world" This theme has been selected to illustrate Pharmacy's positive impact on health around the world and to further strengthen solidarity among the profession. As Pharmacy combines medical science & chemistry it has a significant impact on health care system. Pharmaceutical development, production, disposal, safe & effective use and management of medications fall under the preview of Pharmacists. Over the past 25 years so many new drugs came into use. This has significantly contributed to the health care system by improving patient outcome. However it is important for the treating doctor to know the potential benefits of the drugs prescribed, evidence on its utility, cost effectiveness and more importantly the possible side effects. Keeping this in mind the department of clinical Pharmacology is coming up with a "Patient counselling guide". I am sure that this would be of great help for the clinical pharmacists as well as doctors.

#### What to report:

Serious or Non-serious ADR, Known or Unknown ADR, Frequent or Rare-Related to medicine, vaccine, herbal products.

#### Who can report:

Doctor's, Nurse's, Pharmacist's or any health care professionals and even patients can report ADRs.

#### Where to report:

Nearest AMC (Dept. of Pharmacology, Pushpagiri Medical College, Thiruvalla, Directly to NCC, IPC Ghaziabad  
[pvpi.ipcindia@gmail.com](mailto:pvpi.ipcindia@gmail.com),  
[pvpi@ipcindia.net](mailto:pvpi@ipcindia.net)

• Toll free no. -1800 180 3024

• ADR Reporting Android app – ADR PvPI

Malayalam ADR forms are available for consumers

### PHARMACOVIGILANCE WEEK – 17<sup>TH</sup> TO 23<sup>RD</sup> OF SEPTEMBER 2022 Dr. Santhosh R Pillai, Professor & HOD, Department of Pharmacology

September 17th to 23rd is celebrated as National Pharmacovigilance week every year. The theme for this year was "Encouraging adverse drug reporting by patients". The National Coordination Centre-Pharmacovigilance Programme of India, Indian Pharmacopoeia Commission, Ministry of Health and Family Welfare, Government of India was launched as a WHO Collaborating Centre for Pharmacovigilance in Public Health Programmes and Regulatory Services on 30<sup>th</sup> October 2017. The Pharmacovigilance Programme of India (PvPI) was approved by the Ministry of Health and Family Welfare (MOHFW), Government of India (GOI) in July 2010 with the primary objective of the programme to create a nation-wide system for patient safety reporting. There are 250 functioning Adverse Drug Monitoring centres (AMC) in the country (in medical colleges and corporate hospitals) as part of the Pharmacovigilance Programme of India.

The mission of PvPI is to safeguard the health of the Indian population by ensuring that the benefit of use of medicine outweighs the risks associated with its use. The purpose of the PvPI is to collate data, analyse it and use the inferences to recommend informed regulatory interventions, besides communicating risks to healthcare professionals and the public. The vision of PvPI is to improve patient safety and welfare in



Indian population by monitoring drug safety and thereby reducing the risk associated with use of medicines.

**Data flow:** Once the Medical institute is enrolled as an AMC under PvPI, the AMC starts reporting individual case safety reports (ICSRs) to NCC via a VigiFlow. These ICSRs are then assessed at NCC for quality of data and if found valid, they are further committed to the global drug monitoring centre "Uppsala Monitoring Centre" in Sweden.

**Assessment of ICSRs:** Individual ICSR is reviewed for Quality of documentation, coding, relevance (new drug, unknown reaction, serious reactions), causality assessment (likelihood of a causal relationship between drug exposure and adverse events must be validated by using standard scales). Department of Pharmacology, Pushpagiri Medical College as one of the oldest AMC of PvPI.

Functions: • Collecting reports from the hospital directly (reports by doctors and health care professionals)  
• Validating the ICSRs and doing their causality assessment  
• Uploading the reports in the dedicated software (Vigiflow)

As part of the Pharmacovigilance week this year various activities were conducted by department of Pharmacology which included poster competition for phase 2 MBBS students. Sensitization classes for nursing students and health care staffs by the coordinator. The main aim of this year is to encourage the reporting of ADR by patients to make medicines safe for use. Submission of an ADR report doesn't have any legal implications on the reporter. Confidentiality of the reporter and the patient is maintained. The information is only meant for better understanding of medicine use in India and to safeguard the health of Indian population.

"ADR reporting is to evaluate benefit-risk ratio of a medicine and thereby ensuring the safe use of medicines"



# KUHS ZONAL FEST ACHIEVEMENTS

## AZADI KUHS SOUTH ZONE ARTS FEST

Azadi Kuhs South zone arts fest was held on August 31st to September 03rd in Govt. Medical College, Trivandrum. 97 students from Pushpagiri Medical College participated in various events. Our students competed in a total of 65 events and made it a huge success.

# Congratulations!



Nandana Jyothi on securing 3rd place for Pros and Cons (english) at Azadi KUHS South Zone Arts Fest



Mehendi team on securing 3rd place at Azadi KUHS South Zone Arts Fest



James Joe on securing 2nd place for Western-strings at Azadi KUHS South Zone Arts Fest



Arjun Sateeshan on securing 1st place for Keyboard at Azadi KUHS South Zone Arts Fest



Aneeta Joseph on securing 2nd place for embroidery at Azadi KUHS South Zone Arts Fest



Dufmuttu team on securing 3rd place at Azadi KUHS South Zone Arts Fest



Merlin Anna George on securing 1st place for mimicry at Azadi KUHS South Zone Arts Fest





## BLESSING CEREMONY OF PRATHEEKSHA AUSUM HALL AND DIGITAL REHAB CENTER

Blessing ceremony of Pratheeksha Ausum Hall and Digital Rehab Centre was done by H.G. Dr. Thomas Mar Koorilos Metropolitan on 02<sup>nd</sup> September 2022. Ausum programme is successfully functioning for the last 6 months and now we have an official class room for that. Digital rehab uses the possibility of Virtual reality and Artificial intelligence in cognitive learning for children with Autism, ADHD, Learning Disability and much more. Ours is the first CDC in the state to start Digital Rehab programme.



## NATIONAL PHARMACOVIGILANCE WEEK CELEBRATION

ADR Monitoring Centre (AMC), Department of Pharmacology, Pushpagiri Medical College, Thiruvalla had celebrated the National Pharmacovigilance Week from 17<sup>th</sup> - 23<sup>rd</sup> September 2022. The theme for this year's National Pharmacovigilance Week is "Encouraging reporting of Adverse Drug Reactions by Patients". Sensitisation and leaflet distribution to nearby pharmacy stores was done on 17<sup>th</sup> September 2022 in connection with World Patient Safety Day. An awareness class was conducted on 19<sup>th</sup> September 2022 for final year nursing students about ADR Reporting and also sensitization program was conducted for hospital staff regarding Medication Safety and ADR Reporting on 21<sup>st</sup> September 2022. A Poster competition on Medication safety was conducted on 22<sup>nd</sup> September 2022 for MBBS Students. The posters were evaluated by Dr. Vikram Gowda N R, Vice Principal, Pushpagiri Medical College. The first and second prize winners were awarded certificates and mementos. Consolation prizes were also given to the participants. The prize distribution was done by Rev. Fr. George Valiyaparambil, Director, Pushpagiri Medical College and Dr. Tomy Philip, Principal, Pushpagiri Medical College, Thiruvalla.



## BLOOD DONATION CAMP

A blood donation camp was conducted by Vyuha college union on 17<sup>th</sup> September 2022, in association with the department of transfusion medicine and immunohematology, Pushpagiri medical college. The camp started at 8.30 in the morning. Many volunteers attended the camp and donated blood. This noble cause came out to be a great success in helping those who in need of blood. Also, it could spread awareness regarding the various means of blood donation. The camp concluded at 1.30 in the noon.



## THIRD ANNUAL STATE LEVEL CONFERENCE – EM KERALA 2022

The Emergency Medicine Association Kerala held its 'Third Annual State Level Conference – EM KERALA 2022' on September 2nd and 3rd at Central Kerala – Thiruvalla at two different NMC recognised Medical colleges for the first time – Believers Church Medical College Hospital and Pushpagiri Medical College Hospital. EMA Leaders from Kerala have always been a beacon of light and leadership in Academics. Kerala's enthusiastic young EM specialists came together after a break of 3 years due to the COVID pandemic. The conference was attended by a diverse group of healthcare professionals including - undergraduates (UG), interns, nursing staff, Emergency Medicine residents and faculty. The conference was a team effort led by Dr. Roney Thomas, Dr. Vivek Gopinathan, Dr. Arjun James and team.

**Nursing and Undergraduate conference was held on Day 1 (02/09/22) at Believers Church Medical College Hospital: -** Two workshops were held on the day – ECG workshop and Trauma Workshop. Dr. Sachin Menon, Director, American Heart Association, South East Asia zone was the chief guest. The undergraduate workshop included a session on Resuscitation which was to focus upon the importance of Emergency Medicine in our country to sensitize UG's regarding the budding specialty. Several young and dynamic Emergency Academicians took the floor and conducted a one of a kind – Interactive ECG class and workshop primarily teaching the basics and interpretation of ECG. It was attended by over 250 participants from various institutes across Kerala. The Trauma workshop was an insightful session focusing the Wrong and Correct methods of assessment and stabilization of a trauma victim. Both the workshops were well received by all the participants and had an overwhelming positive feedback. The day finished on a high with an in depth and interactive EM-Quiz which had over 20 teams participating in the event.

**Postgraduate (PG) Conference was held on Day 2 (03/09/22) at Pushpagiri Medical College Hospital: -** The Conference was attended by over 60 postgraduates from various parts of our country and with faculty, Em- Kerala 2022 PG conference was a huge success with over 100 registrations. Dr. Suma T.K, Principal, Government Medical College, Alappuzha was the chief guest. The conference kicked off with an insightful class on "How to read a Journal" which was followed by Case presentation Competition. Among 30+ teams that had submitted abstracts, the top 5 presentations discussed their case and approach which was an interactive, exam oriented, in depth assessment by various faculty. Postgraduates also had the opportunity for poster presentation where more than 20 PG's registered. There were also classes by young Emergency Medicine Faculty on Recent Management Guidelines and updates for the common conditions usually presenting in Emergency department. The afternoon session focused on Newer and lesser known fields – Wilderness Emergency Medicine and Conservational Emergency Medicine. This was followed by a session which gave an insight about issues and need of Women Empowerment in Emergency Medicine. The Postgraduate Conference ended on an academic high with an in depth Journal Club workshop focusing on how to read, interpret and do critical appraisal of an article and journal which was received extremely well by the postgraduates.







# Onam Celebration Photos

## ACADEMIC BLOCK





## INSPIRATIONS 2022

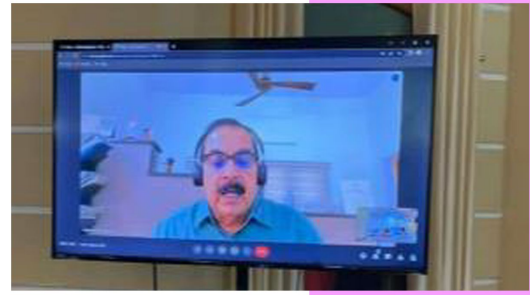
The Annual Department CME of INSPIRE - Pulmonary Centre Pushpagiri co-organised by Kottayam Respiratory Society was conducted at Pushpagiri Senate hall on 18<sup>th</sup> September 2022.

The programme was blessed by our Rev Fr. Jose Kallumalickal (CEO), Rev Fr. George Valiyaparambil, (Director) and Fr. Thomas Pariyarth (Hospital Administrator). The function was inaugurated by Dr. P.S. Shajahan - President of the APCCM. Organising Chairman Dr. P. Sukumaran (Professor and Hod - Pulmonary Medicine PIMS, President KRS) delivered the presidential address. Dr Mathew Ninan welcomed the gathering. Dr. Abraham Varghese (Medical Director - PIMS), Dr. Vishnu Sharma, Dr. Doye George and Kurian Oommen (Secretary, KRS) were felicitated. The Inaugural Session ended with the thank you note from Dr. Beena Thomas.

This was followed by 3 thought provoking academic sessions on Tuberculosis by eminent speakers Dr. Anitha Kumari K (HOD – Govt. Medical College Ernakulam ), Dr. Sanjeev Nair (Associate Professor in Pulmonary Medicine, Chairman - State Task force for Medical Colleges in RNTCP Kerala. ) and Dr. Akhilesh (Associate Professor in Pulmonary Medicine, NTEP State Task force Vice chairman)

This season of the Pushpagiri Diamond Jubilee Respiratory Medicine Quiz run annually by Inspire Pulmonary Centre Pushpagiri was excellently conducted by Dr. Vishnu Sharma (Professor in Pulmonary Medicine - AJ Institute of Medical Sciences, Mangalore). About 20 teams from Kerala and Karnataka participated in the preliminary round.

Dr. V. Sharan Kumar and Dr. Gimi Sherin (Govt Medical College Trivandrum) bagged the first prize, Dr. P. Devi and Dr. Sreelakshmi ( Cosmopolitan Hospital ) came second and Dr. S. Shahina and Dr Preethi Augustine (Govt. TD Medical College, Alappuzha), the third. The winners were awarded a cash prize of Rs 10000 (1<sup>st</sup>), 5000 (2<sup>nd</sup>) and 3000 (3<sup>rd</sup>) and certificate of appreciation by our Principal Dr. Tomy Philip. The programme was a grand success and was well appreciated by the delegates



## SAMVIT 2.0- ALL INDIA SCIENCE & CULTURAL EXHIBITION

As part of their centenary year celebrations, St. Berchmans Autonomous College, Changanassery, organised Science & Cultural exhibition - SAMVIT 2.0 from 19<sup>th</sup> to 26<sup>th</sup> September 2022. People from various parts of the country prepared various stalls at the event. The medical stall arranged by Pushpagiri Institute of Medical Sciences & Research Centre received very positive responses. Various Anatomical and Pathological specimens as well as Virtual Reality demonstration of treatment modalities by Department of Physical Medicine & Rehabilitation were the major attractions at the medical exhibition stall. Can-care, Pushpagiri's cancer screening program offered breast, thyroid and oral cancer screening at the exhibition hall.



# FIGHT CANCER

SURGICAL | MEDICAL  
**ONCOLOGY**



# PUSHPAGIRI CANCER CENTRE

Advanced Chemotherapy Unit

## MEDICAL ONCOLOGIST

**DR. V.U. THANKAMMA** MD RADIOTHERAPY

M T T F S

**DR. ABU ABRAHAM KOSHY** MD ESMO

W

## SURGICAL ONCOLOGIST

**DR. JENCY MATHEWS** MS, DNB

M W F



BOOK OP  
APPOINTMENT

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## TEACHERS DAY CELEBRATION- DEPARTMENT OF PSYCHIATRY

Teachers Day celebration was organised by Department of Psychiatry, in association with WFMH and NAMH on 5<sup>th</sup> September 2022. The meeting honoured three eminent Professors Dr. George Thomas, (Gastroenterology), Dr. C.A. Abdul Khadir, (General Medicine) and Dr. S. Letha, (Paediatrics) for their outstanding contributions to teaching, medicine and science. Dr. Roy Kallivayalil presided the function. Dr. Joice Geo, Dr Soumya .P. Thomas, Dr. Derrick Johnson, Fr. Ritto Mathew, Dr. Chinnu Chacko and medical students Angel Rose and Asish C.R delivered messages.

## MOBILE SKILLS LAB WORKSHOP

PIMSRC conducted mobile skills lab workshop which is first of a kind in the private medical college sector on 24<sup>th</sup> and 25<sup>th</sup> August, 2022. The workshop was inaugurated by Director Rev. Fr. George Valiyaparambil. Dr. Shashikiran M.S (HOD Hepatobiliary unit Gokulam Medical College) and Dr. Manju Mathew were the invited faculties. The program included faculties from Departments of Orthopaedics (Dr. Kiran R.), OBG (Dr. Divya Loius) and Oncosurgery (Dr. Jency Mathews). The two day program included basic surgical skills and advanced laparoscopy and was charted for medical graduates aspiring for surgical specialities in India and abroad. The workshop had live tissue hands on training with individual day for laparoscopy in the newly opened endoscopic suite. It was well attended by students from institutes from within state and abroad. The program was conducted in association with Johnson and Johnson Institute, Chennai.



## "A DOCTOR AT HOME" - CARDIOTE SERVICES

Cardiote services started the "A Doctor at Home" project in Thiruvalla. Malankara Catholic Church Arch Bishop H.G. Dr. Thomas Mar Koorilos and Kottayam Medical College Principal Dr. S. Shankar inaugurated the project. A medical team consisting of a doctor and a nurse will arrive at the patient's home in a vehicle equipped with advanced medical equipment and provide care to the necessary. Dr. Babu Thomas, Chairman and Managing Director of Cardiote Services informed that this service is available within a radius of ten kilometres from Thiruvalla. The project is being implemented in collaboration with Pushpagiri Medical College Hospital. Pushpagiri Medical Society CEO Rev. Fr. Jose Kallumalikal, Dr. Babu Thomas, Fr. Biju Payyampally, Rev. Fr. George Valiyaparampil, (Director), Fr. Thomas Pariyaram, (Hospital Administrator), Dr. Tomy Philip, (Principal), Dr. Abraham Varghese, (Medical Director) and Dr. Joe Abraham, (Assistant Professor, Community Medicine) delivered messages at the function. Contact mobile number to avail this service is **8888674674**.







**PUSHPAGIRI**  
Institute of Medical Sciences &  
Research Centre, Tiruvalla

## "La Fierte- The Pride of Pushpagiri"

Honouring Post Graduate University exam rank holders- 2022

14th SEP  
Wednesday  
2022  
2:00 to 3:00 pm  
@ Senate Hall



## "La Fierte – The Pride of Pushpagiri"

The felicitation meeting "La Fierte" for the postgraduate university rank holders of Pushpagiri Medical College was held on 14th September 2022. Dr. Tomy Philip, Principal welcomed the gathering. Our patron, H.G. Most Rev. Dr. Thomas Mar Koorilos delivered the keynote address. The function was inaugurated by Dr. S.Sankar, Principal, Government Medical College, Kottayam. Felicitatory messages were given by Dr. Sreedevi N.S (Professor Emeritus, OBG), Dr. Geena Benjamin (professor and HOD, Radiodiagnosis) and Dr. Rajan. K.V (Professor and HOD, ENT). Certificates and memento were distributed to the rank holders Dr. Nisreen Moideen (1<sup>st</sup> rank, Radiodiagnosis), Dr. Shyma Thondalil Seeni (1<sup>st</sup> rank, OBG), Dr. Najma I (2<sup>nd</sup> rank, Radiodiagnosis), Dr. Sherin Maria Augustine (3<sup>rd</sup> rank, ENT). The function ended with the vote of thanks by Dr. Abraham Varghese, Medical director and Vice principal (UG studies).

## "KNOW DEMENTIA, KNOW ALZHEIMER'S" OBSERVANCE OF WORLD ALZHEIMER'S DAY

Observance of the World Alzheimer's day was conducted at Department of Psychiatry, PIMSRC in association with World Federation for Mental Health – WFMH (Asia-Pacific) and the National alliance for mental health on 21<sup>st</sup> September 2022. Dr. Roy Kallivayalil delivered the keynote address. Dr. Abraham Varghese was the guest of honour. Dr. Liza Varghese, Dr. Soumya P Thomas, Dr. Derrick Johnson, Mr. Vijayalal Vijayan, Fr. Ritto Mathew, Ms. Jisha Mary George (College of Nursing) and others spoke on the occasion. The participants including medical students exchanged sweets and pleasantries to mark the occasion.



## STUDENT WELLNESS PROGRAM

Student Wellness Program at the Pushpagiri Institute of Medical Sciences & Research Centre, Thiruvalla was inaugurated by Dr. C. P. Vijayan, Pro Vice-Chancellor (PVC) of the Kerala University of Health Sciences, Thrissur on 27<sup>th</sup> September 2022. This is an initiative of the Student Support & Guidance (SSGP) Unit in collaboration with the Department of Psychiatry, Pushpagiri Institute of Medical Sciences & Research Centre, Thiruvalla. The program offers to promote student wellness by enhancing life skills and promoting positive approach to varying situations. Dr. Gaddam Vijayalakshmi, SSGP Nodal Officer, Vice Principal (UG Studies) welcomed the gathering. The meeting was presided by Dr. Roy Abraham Kallivayalil. The meeting was felicitated by Rev Fr. Jose Kallumalickal, Dr Tomy Philip and Rev Fr. George Valiyaparambil who later honored the PVC. Ms. Angel Rose, Secretary General of the student union spoke on how they are looking forward to SWP and Melvin Stalin, President, Student Union delivered the vote of thanks. The expected outcomes include enhanced Student Wellness, early detection and intervention for students with red flags and life skills development.





# RESEARCH CENTRE NEWS

## Workshop on Translational Research in Tissue Engineering

Bioradiance is a national research conference that is conducted annually by the Pushpagiri Research Centre focused on the research scholars, graduates, undergraduates and postgraduates of bioscience, medical, dental and allied sciences of Kerala with the aim of providing latest updates in the field of health research. This year Bioradiance'22 was conducted on 23<sup>rd</sup> and 24<sup>th</sup> September 2022 on the topic of "Translational Research in Tissue Engineering" using the online Google Meet platform. The workshop was organized by the Pushpagiri Research Centre and Department of Periodontics, Pushpagiri College of Dental Sciences along with Mahatma Gandhi University Kottayam. Rev. Dr. Mathew Mazhavancheril gave the presidential address and Prof. Dr. Sabu Thomas Vice Chancellor MGU was the guest of honor for the occasion.

Prof. Dr. Ramya R, Head of Oral Biology, Saveetha Dental College, Chennai discussed on what is Translational research which was followed by the talk of Dr. Nandakumar Kalarickal (Senior Professor, School of Pure and Applied Physics & Director-in-charge School of Nanoscience) on how various Government and industrial agencies promote translational research and the various avenues available for young researchers. There was also an in-depth session on need for translational research in oral health and various disparities associated with the same by Prof Dr. Baiju RM (Govt dental College Kottayam) and Prof. Dr. Harikumar (Govt. Dental College Kozhikode). Subject experts from Community Medicine, Prof Dr. Rajeev A. (Prof & Head AllIMS Manglagiri, Andhra Pradesh) and Dr. Anupa Lucas (Assoc. Professor, Govt Medical College Kottayam) discussed on relevant issues in translating research to the general population. Setting up translational research at various levels in educational institutions was discussed by Prof. Dr. Sabu Thomas (Vice- Chancellor MGU), Prof Dr. Melvin George( Head of Clinical Trials, SRM Medical College, Chengelpet Chennai), and Prof. Dr. Shantanu Patil( Head of Translational Medicine, SRM Medical College, Chengelpet Chennai) .

The workshop also highlighted the immense work done by PRC in collaboration with ICARCIFT and MGU on natural Hydroxyapatite. Experts from ICAR –CIFT- Dr. Muhammad Ashraf P and Dr. Binsi P. K. and Clinical experts, Prof Dr. Santhosh Pillai (Head of Pharmacology PIMS) and Dr. J. Venkatesan gave an update on the research till date in natural hydroxyapatite and the various biological and biomedical aspects of the same. The workshop concluded with hands on training on writing successful grant proposals by Prof. Dr. Ramya R.

E-poster competition was also held in which students from various colleges of South India had participated.

There were 311 registrations. Participants from 13 colleges of dental, medical and engineering colleges in Kerala and Karnataka, and Tamil Nadu took part in this. There were also participants from MACFAST, MG University, Kottayam, Amrita School of Nanoscience and Molecular Medicine, Catholicate College Panathamthitta, National College of Arts and Science TVM, PSMO College, Tirurangadi, The program was well organized and the duration of each session was adequate. The Youtube viewership on for the first day is 234 and second day 113 for the program

According to the participants, all the sessions were good and Dr. R. Ramya's session on Hands on training on "How to Write A Successful Grant Proposal" received good feedback. Internet connectivity issues and inability to log in was reported as technical issues. They reported that they would like to attend more sessions on Animal cell culture techniques, Application of phytocueticals in medicine, molecular docking, Regenerative dentistry and medicine and Role of genetics in dentistry.







# Publications and Presentations

## Department of General Medicine

Athulya G A, Athira VR, Ajeesh K, Sanal K T. A case series on hypercalcemia. Indian Journal of Applied Research. 2022 Aug 1;7-9. <http://dx.doi.org/10.36106/ijar/1500372>

## Department of Pharmacology

- ▶ Snigdha MP, Santosh Pillai R, Liya Roslin Joseph. Impact of Eighth Joint National Committee guidelines on achievement of target blood pressure among hypertensive patients attending tertiary care hospital in South Kerala. Natl J Physiol Pharm Pharmacol 2022;12. DOI: 10.5455/njppp.2022.12.0311220220404202
- ▶ Dr. Chinju Sara Cherian presented a paper titled - "Adverse drug reactions of antiepileptics among patients in a tertiary care hospital" at the national pharmacovigilance week celebration conducted by Lokmanya Tilak Medical College, Mumbai on 20<sup>th</sup> September 2022.

## Department of Physiology

- ▶ Dr. Ann. U. Thomas presented a paper with title "Association of sleep quality and glycemic control among patients with type 2 diabetes mellitus attending tertiary care centre" at ACPKON 2022 on 1<sup>st</sup> September 2022 held at Government Medical College, Kollam.
- ▶ Dr. Ann. U. Thomas presented an e-poster with title "Role of vitamin D in sleep quality of medical undergraduate students" at ACPKON 2022 on 1<sup>st</sup> September 2022 held at Government Medical College, Kollam.
- ▶ Dr. Susan John presented a paper with title "Prevalence of vitamin D deficiency and its association with stress among medical students in Kerala" at ACPKON 2022 on 1<sup>st</sup> September 2022 held at Government Medical College, Kollam.
- ▶ Dr. Susan John presented an e-poster with title "Association of Vitamin D level and various anthropometric measurements" at ACPKON 2022 on 1<sup>st</sup> September 2022 held at Government Medical College, Kollam.



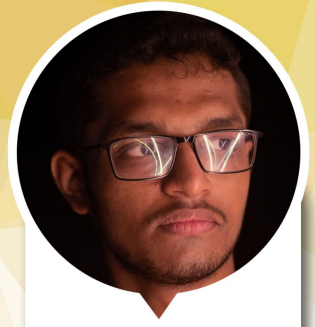


# ACHIEVEMENTS



## BEST RESEARCH POSTER AWARD

Psychiatry PG residents- Dr Chinnu Mary Chacko and Dr Asha Maria Davis won the second best research poster award and the third best PG paper award at the annual conference of Indian Psychiatric Society-Kerala State branch held at Calicut.



## MEDILLECTUALS Juniors – PULSE 2022

Mohammed Rafeek and Benito Mariya of 2019 MBBS batch for winning state level competition of MEDILLECTUALS Juniors – PULSE 2022 and getting selected for the final round competition at AIIMS, New Delhi.

## THIRD PRIZE FOR POSTER PRESENTATION

Dr. Rashmida E.M won the third best poster award at the state ENT conference KENTCON 2022. The topic was "Sinonasal neuroendocrine tumour – a case report."



## SECOND PRIZE FOR ORAL PAPER PRESENTATION

Dr Sangeetha Sajeevu secured 2nd Prize in oral paper presentation competition in the third Annual State level Emergency Medicine Conference in Kerala, EM-Kerala 2022 held at Pushpagiri Institute of Medical Sciences and Research Centre on September 2nd 2022.



## WORLD CONGRESS OF ASIAN PSYCHIATRY

Dr. Roy Kallivayalil delivered a lecture on the topic "Person centred medicine and psychiatry" at 09<sup>th</sup> World Congress of Asian Psychiatry, Hyderabad. The congress was held from 16<sup>th</sup> to 18<sup>th</sup> of September 2022. The theme of the conference was "New psychiatric challenges across Asia during the pandemic".



## GUEST SPEAKER IN ACPKON 2022

Dr. Vikram Gowda, Vice Principal and HOD of Department of Physiology, Pushpagiri Medical College, gave an informative talk on the topic "Gut Brain Axis" at ACPKON 2022 (Association of Clinical Physiologists of Kerala, Conference) which was the first state conference held in Government Medical College, Kollam on 1<sup>st</sup> and 2<sup>nd</sup> of September.



## PhD Guide ship - KERALA UNIVERSITY OF HEALTH SCIENCES (KUHS)

Congratulations to the renowned faculties on being selected as PhD Guides under the Kerala University of Health Sciences (KUHS)

- 🌟 Dr Joice Geo, Associate Professor, Psychiatry
- 🌟 Dr Jacob Abraham, Professor & HOD Paediatrics & Neonatology
- 🌟 Dr Vineetha Wills, Professor, OBG
- 🌟 Dr Rajeev Philip, Professor & HOD, Endocrinology

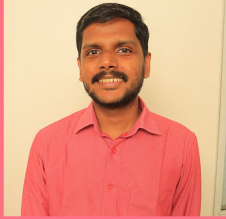


## CONGRATULATIONS ON YOUR ACHIEVEMENT..!!

Dr. Anjana Mary Reynolds, Department of ENT passed Certificate course in "Assessment and management of vestibular disorders" from Yenepoya Medical College, Mangalore.



# APPOINTMENTS



**DR. HEMANTH V S**  
**EMERGENCY MEDICINE**

Dr. Hemanth V S is appointed as Senior Resident in the Department of Emergency Medicine from 22<sup>nd</sup> September 2022. He completed MBBS from Government T. D Medical College, Alappuzha and DNB from Pushpagiri Institute of Medical Sciences & Research Centre, Tiruvalla.



**DR. SHALU MARIAM JOHN**  
**GENERAL MEDICINE**

Dr. Shalu Mariam John is appointed as Senior Resident in the Department of General Medicine from 12<sup>th</sup> September 2022. She completed MBBS from Father Muller Medical College Hospital, Mangalore and MD General Medicine from Kasturba Medical College Mangalore.



**DR. AHAMED RAFAD**  
**EMERGENCY MEDICINE**

Dr. Ahamed Rafad is appointed as Senior Resident in the Department of Emergency Medicine from 21<sup>st</sup> September 2022. He completed MBBS from AL-Ameen Medical College Bijapur and MD from Pushpagiri Institute of Medical Sciences & Research Centre.



**DR. ARUN KUNCHERIA JOSEPH**  
**RADIO DIAGNOSIS**

Dr. Arun Kuncheria Joseph is appointed as Senior Resident in the Department of Radiodiagnosis from 15<sup>th</sup> September 2022. He completed MBBS from Govt. Medical College, Emakulam and MD from Pushpagiri Institute of Medical Sciences & Research Centre, Tiruvalla.



**DR. JENNY ABY MAMMEN**  
**ANAESTHESIOLOGY**

Dr. Jenny Aby Mammen is appointed as Senior Resident in the Department of Anaesthesiology from 09<sup>th</sup> September 2022. He completed MBBS from Pushpagiri Institute of Medical sciences & Research Centre and MD Anaesthesiology from Sree Gokulam Medical College.



**DR. ROSIN GEORGE VARGHESE**  
**COMMUNITY MEDICINE**

Dr. Rosin George Varghese is appointed as Assistant Professor in the Department of Community Medicine from 15<sup>th</sup> September 2022. He completed MBBS from Pushpagiri Institute of Medical sciences & Research Centre and MD from Government Medical College, Kottayam.



**DR. CLINT HUGH**  
**ORTHO PAEDICS**

Dr. Clint Hugh is appointed as Senior Resident in the Department of Orthopaedics from 15<sup>th</sup> September 2022. He completed MBBS from Bangalore Medical College & Research Institutions and MS from St. John's Medical College, Bangalore.



**DR. MARIA DAVIS**  
**GENERAL MEDICINE**

Dr. Maria Davis is appointed as Senior Resident in the Department of General Medicine from 19<sup>th</sup> September 2022. She completed MBBS from Government Medical College Trivandrum and DNB General Medicine from PVS Hospital Calicut.



**DR. K S MOHANAN**  
**CARDIOLOGY**

Dr. K S Mohanan is appointed as Professor in the Department of Cardiology from 16<sup>th</sup> August 2022. He completed MBBS from Government Medical College, Kottayam and DM from Government Medical College Kozhikode.



## **PUSHPAGIRI CLINICAL CLUB NEWS**

The sessions of Clinical Club were conducted in the Month of September. Topics taken and their respective speakers were as follows:

- ▶ HFNC - Dr. Benju Shaji Varghese
- ▶ Leucodepleted blood components- Clinical indications and advantages by Dr. Angela Varghese
- ▶ "Patient Safety" and Documentation- THE NEGLECTED LINK- Dr. Dasin Joseph
- ▶ VARICEAL BLEED... A Nightmare- Dr. Prasuna Chiluka

Conveners Capsule – Soft Doctor Series Speakers for the month were:

Dr. Mathew Pulicken  
Dr. V.P. Sasidharan  
Dr. Ajith V  
Dr. Vishnu.B.Chandran

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God Cure..*

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#### Super Speciality PG Courses

- M.Ch (Neuro Surgery)
- DM (Cardiology)
- DM (Neurology)
- DM (Nephrology)

#### PG Degree Courses

- MD Anaesthesiology
- MD General Medicine
- MD Dermatology, Venereology & Leprosy
- MD Psychiatry
- MD Respiratory Medicine
- MD Paediatrics
- MS General Surgery
- MS Orthopaedics
- MS Oto-Rhino-Laryngology (ENT)
- MS Obstetrics & Gynaecology
- MS Ophthalmology
- MD Radiodiagnosis
- MD Community Medicine
- MS Anatomy
- MD Physiology
- MD Pharmacology
- MD Pathology
- MD Microbiology
- MD Biochemistry

#### DNB PG Courses

- DNB (Emergency Medicine)
- DNB (Gastroenterology)
- DNB (Critical Care Medicine)

#### Undergraduate Course- MBBS

#### Pushpagiri Research Centre

- Ph.D. (Medicine & Life Sciences)

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- M. Pharm. (Pharmacology)
- M. Pharm. (Pharmacy Practice)
- Pharm. D.
- Pharm. D. (Post Baccalarate)
- B. Pharm.
- B. Pharm. (Lateral Entry)

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- MDS Prosthodontics
- MDS Periodontics
- MDS Orthodontics
- MDS Endodontics
- MDS Pedodontics
- BDS
- DORA (Dental Operating Room Assistant)

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- M. Sc. Mental Health Nursing
- M. Sc. Child Health Nursing
- B. Sc. Nursing

#### Pushpagiri College of Allied Health Sciences

- Diploma in Dialysis Technology
- Under Christian Medical Association of India (CMAI)
- Diploma in Medical Laboratory Technology
- Diploma in Dialysis Technology
- Diploma in Radio Dialysis Technology
- Diploma in Gastrointestinal Endoscopy Technology
- Diploma in Medical Record Technology
- Diploma in Anaesthesia & Critical Care Technology

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- CGFNS, IELTS, NCLEX-RN, MOH, HAAD, DHA, PROMETRIC & OET





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