



PRINCIPAL'S DESK

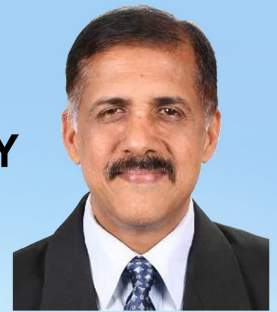
World mental health day was celebrated on 10th October. The theme of the year was " Making mental health and well being for all , a global priority " A healthy mind is very crucial for an ideal and expected performance whether you are a student or employee. To celebrate the occasion, a one day program was organised by the Psychiatry department in collaboration with WFMH Asia Pacific & Indian Psychiatry Society Kerala Chapter and included events like Public meeting , guest lecture , Panel discussion etc.

Surveys on our own UG students have shown that a significant number of them are having stress related issues and low self esteem which is hampering their academic performance. Keeping this in mind , a student wellness program was planned under the guidance of SSGP in collaboration with the department of Psychiatry. The official inauguration of the program was conducted on 27th September. Aim of this program is to promote student wellness by enhancing life skills and promoting positive approach to varying situations. Some of the objectives of this program are student motivation, promoting free exchange of views & opinions, stress reduction, personality development, enhancing character formation and identifying red flags with subsequent counselling. I hope this will go in a long way to improve student performance and wish all success for the program.

MAKING MENTAL HEALTH A GLOBAL PRIORITY

Dr Roy Abraham Kallivayalil,

Professor & Head, Department of Psychiatry



October 10th is observed as World Mental Health Day since 1992 under the leadership of the World Federation for Mental Health- WFMH and the World Health Organization- WHO. The theme for 2022 is "Making Mental Health and Well-being for All, a Global Priority". Unfortunately, mental health is a subject of low priority in most low- and middle-income countries including India.

The world is facing uncertain times with grave implication for mental health. The COVID-19 pandemic, wars in various countries including the Ukraine war, the climate emergency and the displacement of large populations across the world have grave implications for mental health. Besides there is widespread stigma and discrimination against people with mental health problems. Many countries including India have a mental health policy only on paper. There is little investment, poor support and very poor infrastructure. Studies show, during the Covid 19 pandemic there has been a 25% increase in common mental disorders like anxiety and depression. Despite this, our mental health resources remain very poor. More than 75% people in low- and middle-income countries like India receive no treatment for mental disorders.

Fortunately, there are positive signs as well. New and effective ways of preventing mental health problems are now available. Awareness programmes about common mental health problems, adolescent mental health and school mental health programmes, special attention to vulnerable sections of the population like children, women, the disabled, the elderly, the migrants and refugees are all necessary and effective.

The WHO motto "There is no health without mental health" can be achieved only through collaborative action among all sections of the society. Let us work together to make mental health a priority in Kerala and India.

Dr Roy Kallivayalil is Asia Pacific Chair & Vice President of the World Federation for Mental Health and Professor & Head, Dept of Psychiatry, Pushpagiri Medical College Thiruvalla.

WORLD PATIENT SAFETY CAMPAIGN

Quality Assurance, Nursing, Clinical Pharmacy and Pharmacology Departments jointly organized a workshop on Medication Safety - "Medication without harm" on 15th October 2022 as part of World Patient Safety Campaign. Workshop was inaugurated by Rev.Fr. Jose Kallumalickal, CEO, Pushpagiri Group of Institutions. Rev. Fr. Thomas Pariyarth (Hospital Administrator), Rev.Fr. George Valiyaparambil (Director, Pushpagiri College of Medicine & Allied Science), Dr. Abraham Varghese (Medical Director, PMCH), Dr. P. S. John (HOD, Department of Orthopaedics), Dr. Santhosh R. Pillai (HOD, Department of Pharmacology), Mrs. Renukadevi. D (CQM, PMCH), Prof. Sariga J. Theresa (CNO, PMCH) were the eminent dignitaries present on the occasion.



WORLD CEREBRAL PALSY DAY 2022

World cerebral palsy day 2022 was celebrated on 6th October 2022 at Pratheeksha CDC. Dr. Manju George Elenjickal, HOD – Pratheeksha CDC delivered welcome speech based on this year's theme for Cerebral Palsy day "Millions of Reasons". The programme was addressed by the Academic Director, Rev. Fr George Valiyaparambil followed by message by Dr. Jimmy, Dept. of PMR, PIMS. Major attraction of the day was the cultural programmes by Pratheeksha – CDC kids and their parents. The Programme concluded with gift distribution and refreshments. This was followed by a complementary therapy sessions for our selected cerebral palsy children.



THE PINK DAY CAMPAIGN

Department of Oncology organised "Pink Day Campaign" as part of Breast Cancer Awareness Month. Breast cancer awareness and self-breast examination training program were given to staffs working in various sectors of the hospital under the leadership of Nursing Service Department- "Pink Volunteers". Awareness campaign was inaugurated by Dr. Felix John, HOD, Department of Community Medicine. Dr. V U Thankamma, HOD, Department of Oncology conducted awareness class.

WORLD MENTAL HEALTH DAY CELEBRATIONS 2022



The World Mental Health Day was organized by the World Federation for Mental Health - Asia Pacific (WFMH) and Indian Psychiatric Society- Kerala on October 10th at Pushpagiri Medical College. The theme was, "Making mental health & well-being for all, a global priority". The events started with a mental health day rally followed by mental health day lecture by Prof. Varghese P Punnoose (Vice- Principal, Medical College, Kottayam). Sri Roshy Augustine (Hon'ble Minister, Kerala) inaugurated the public meeting. Dr. Alfred Samuel (President, Indian Psychiatric Society Kerala) presided the meeting. Keynote address was delivered by Dr. Roy A Kallivayalil (Vice President, WFMH and Professor & HOD Psychiatry). Dr. Nasser Lossa (President, WFMH Cairo) and Dr. Gabriel Ivbijaro (Secretary General, WFMH London) addressed the meeting 'on-line'. Rev. Fr. Jose Kallumalickal (CEO, Pushpagiri) and Dr. Tomy Philip (Principal) delivered special addresses. Dr. Joice Geo welcomed the gathering and Dr. Derrick Johnson proposed vote of thanks. Rev. Fr. George Valiyaparambil (Director), Dr. Varghese K Cherian (Principal, Macfast), Sri Vijayan Namboodiri (Secretary, Sri Sankara Trust, Perumbavoor), Sr. Deepa Joseph (College of Nursing) and Ms Angel Rose (medical student) spoke at the panel discussion that followed. Q and A session, music, mental health session and mental health exhibition were the other highlights. The events were coordinated by Dr. Liza Varghese, Dr. Soumya P Thomas, Vijayalal Vijayan, Fr. Ritto Mathew and the Psychiatry PG Residents. The events were marked by a very large participation by faculty, medical, nursing students and members of the public.



PUSHPAGIRI DAY

CELEBRATION OCTOBER 01ST



NSS UNIT ACTIVITIES

TEACHERS DAY CELEBRATIONS

Teachers' Day is a special day set aside to show teachers how much we appreciate them. The birthday of former Indian President Sarvepalli Radhakrishnan, 05th September, is celebrated as Teachers' Day since 1962. NSS unit of PIMSRC observed Teachers day by honouring teachers by gifts and crafts prepared by the students.



WORLD RABIES DAY

Rabies cases are increasing recently and school going children are the vulnerable group. As a part of World Rabies day, Department of Community Medicine in collaboration with NSS unit, Pushpagiri Institute of Medical Sciences & Research Centre conducted an awareness program about rabies at S. H. U. P School, Champakulam on 28th September 2022. A skit was conducted by NSS students of 2020 MBBS batch of PIMSRC as part of awareness campaign and later a session was led by Dr. Betsy A Jose (Programme Officer, NSS PIMSRC) and Dr. Dency Davis. The team was accompanied by Dr. Rosin George, Mrs. Shiny & Mrs. Monai. It was beneficial to 56 students who attended the program. Also, the Kairali News Channel aired the live Phone-in program "Hello Doctor" regarding rabies on the same day, at 2.30pm, wherein Dr. Felix Johns (Professor & HOD, Department of Community Medicine, PIMSRC) was the Guest of Honour, and he answered all the doubts raised by the public.



NSS DAY CELEBRATIONS AT PIMSRC

In India, the idea of involving students in the task of national service dates back to the times of Mahatma Gandhi, the father of our nation. The central theme which he tried to impress upon the student community was that they should always keep their social responsibility before their goals. On 24th September 1969, the then Union Education Minister Dr.V.K.R.V. Rao, launched the NSS programme in 37 universities covering all States. NSS unit, PIMSRC celebrated NSS Day on 24th September. Dr.Vikram Gowda N.R, Vice Principal inaugurated the session by sharing his dream on how an NSS Volunteer should be a model for all. NSS leader, Ms. Aby Mariam Mathew shared her experiences from the National NSS Camp in which she participated at Hassan, Karnataka. This was followed by discussions about upcoming activities and a cake cutting ceremony to commemorate the day.

GANDHI JAYANTHI CELEBRATIONS

'Sevanadinam' commemorating Gandhi Jayanti, was organised on 2nd October 2022, by NSS Unit Pushpagiri in coordination with Praana club of Vyuha College Union. NSS Programme Officer, Dr.Betsy A Jose coordinated the program and Director, Rev.Fr. George Valiyaparambil inaugurated the cleaning drive. The premises in and around Pushpagiri Medical College campus were cleaned as part of the cleaning drive. 50 volunteers actively participated in it.



LAHARI VIRUDHA QUIZ : BODHYAM 2022

Pushpagiri NSS Unit conducted unit wise quiz competition as a part of 'Laharikkethire' campaign at the Community Medicine Department on 10th October 2022. About 25 MBBS Students from 2018, 2019, 2020 and 2021 batches participated in the same. Top 6 students among them were selected for the district level quiz competition. NSS Volunteers Aby Mariam Mathew, Sruthi S were the quiz masters along with the Programme Officer, Dr. Betsy A Jose. Following students were selected for District Level quiz competition - First place: Devika Dileep, Sariga S H, Second place: Ardra Ann Roy, Ann Navaneeta, Third place: Aleena Anna Thomas, Jithin Yesudas.



ANTI DRUG CAMPAIGN DEBATE

As a part of Anti drug campaign by Government of Kerala in Schools & Colleges, Department of Community Medicine in collaboration with NSS unit of PIMS & RC conducted a Debate on 15th October for UG students on the topic: Drug Abuse - Responsibility lies with Family or Government?

Responsible parents who can become a role model for their children will help to prevent the future generations falling into the trap of drug abuse. Easy communication culture between parents & children will also aid in prevention of drug abuse.

Government can organize various programmes to educate the parents as well as children against drug abuse. Strict implementation of the laws at the government level will enable a better social environment.

Dr. Sherin Susan Paul, Professor Department of Community Medicine concluded the session. Both Government & family should take the responsibility in preventing drug abuse.

Dr. Betsy A. Jose, NSS Programme Officer, Co-ordinated the programme.



DISTRICT LEVEL QUIZ COMPETITION ON ANTI- DRUG CAMPAIGN

As part of the anti - drug campaign of Kerala State Government, Bodhyam 2022, a workshop and district level quiz competition for school and college students in Pathanamthitta district was organised by NSS programme officers Dr. Sunu Alice Cheriyan (Dental College), Ms. Asha Ashok (Nursing College), Dr. Betsy A Jose (Community Medicine), of pushpagiri group of institutions in collaboration with Kerala Excise Department which was held in Pushpagiri Nursing college on 19.10.2022. It was inaugurated by Shri. Job Michael MLA. The meeting was presided over by Pushpagiri CEO Rev. Fr. Jose Kallumalickal and Tiruvalla Municipal Vice Chairman Mr. Jose Pazhayidam delivered the keynote address.

Director - Institutions Rev. Fr. Aby Vadakkumthala, Director of Medical College Rev. Fr. George Valiyaparampil, Director of Education Rev. Fr. Samuel Vilayil, NSS District Coordinator Shri. Sajith Babu, Arogya Sarvakalashala Ex-Senate Member Dr. Thomas George, Dr. Nithin Manohar R, Nursing College Principal Prof. Vinitha Jacob, Sister Mary Jyothi and Dr. Amble Sarah Varghese attended the meeting. Thiruvalla Excise Circle Inspector Shri. Prasannan G, N.S.S State Coordinator Dr. Ajith Sen led the anti-drug seminar and pledge. Ms. Apama S. (KVVS College, Adoor), Ms. Asna Anil (N.S.S High School, Tadiyur), and Ms. Anjana Santhosh (Government High School, Pathanamthitta) Secured first, second and third positions respectively in the quiz competition.



PALLIATIVE CARE IN INTERACTIVE SESSION

Department of Palliative Care organized a talk by Ms. Gilly Burns, Founder Director, Cancer Relief India on "Her Majesty the Late Queen Elizabeth 11 and Her Embodiment of Cicely Saunders' Philosophy of Palliative Care: A Surprising Role Model for The Gentle Art of Dying Well in India." The interactive session was held on 25th October and was attended by Medical and nursing students. Ms. Gilly Burns, has been acknowledged internationally, as an inspirational clinical role model, palliative care advocate, and for her dynamic, charismatic teaching. As a result of her research for the WHO, she founded Cancer Relief India (CRI) in 1990. Dame Cicely Saunders, her good friend and mentor, was the Patron of CRI for over 10 years until her death in 2005. In 1993 she was appointed a WHO Palliative Care Consultant and Project Director to develop palliative care services in India, in collaboration with Cancer Relief India. One of her first students, in 1993, was Professor MR Rajagopal, now known as 'The Father of Palliative Care', in India and Founder of Pallium India which continues to work in partnership with Cancer Relief India to this day.



DIFFICULT AIRWAY CME AND HANDS-ON WORKSHOP

The Difficult Airway CME and Hands-on Workshop was conducted on 7th October as part of the Critical Care Series of Skill lab events by the Department of Critical Care, PIMS & RC, in association with Department of General and Laparoscopic Surgery, covering topics ranging from basic to cutting edge advanced airway intervention techniques including bronchoscopic and videolaryngoscopic intubation. The event was well attended by about 45 delegates including, teaching faculties and PGs from government and private medical colleges, consultants and junior residents from government and private hospitals in Thiruvananthapuram, Ernakulam, Idukki, Kottayam and Pathanamthitta. Invited guest faculties for the program were Dr. Ashu Mathai (HOD of Anaesthesiology, Believers Church Medical College Hospital, Thiruvalla) and Dr. Antony Kalliath (Consultant Intensivist and Pulmonologist, St Gregorios hospital, Parumala). The event was planned and executed by Dr. Manju Mathew, Consultant, Department of Critical Care.

PERIPHERAL ACTIVITIES

INTERNATIONAL DAY FOR OLDER ADULTS

As part of International Day for Older adults, the Department of Community Medicine, PIMS & RC, in conjunction with PHC Kadapra, held an awareness workshop and medical camp at MDLP School in Kizhakumbhagom, Niranam. The session began with a street play performed by MSW students that highlighted the burden and risk factors. Dr. Jathavedus Mohanlal took an awareness class to the older individuals about the modifiable risk factors for falls. Dr. Angitha demonstrated the strengthening and balancing exercises. Dr. Jathavedus, Dr. Naveen, Dr. Vandana, and Dr. Gayathri led the medical camp. Dr. Betsy A Jose (Assistant Professor) delivered the vote of thanks. Dr. Elsheba Mathew (Associate Professor) oversaw the entire programme.



WORLD MENTAL HEALTH DAY AWARENESS SESSION

Department of Community Medicine and Department of social work, Assumption college, Changanacherry had observed world mental health day 2022, with the theme "Mental Health and Well Being becomes a Global priority for all". An awareness session was held at RHTC Pulinkunnu about mental health on 10th of October 2022. Awareness about mental health is important especially in this post covid era. People suffer in silence and their conditions go untreated because of misconceptions about mental health and the stigma around mental illness. As part of world mental health day celebrations, the session began with introduction by Dr Betsy A Jose (Assistant professor, Department of Community Medicine, PIMSRC). A street play was performed by MSW students of Assumption College, Changanacherry and house surgeons of PIMSRC that highlighted the importance of mental health. The session was coordinated by Dr. Betsy A Jose, Dr. Vandana Vijayan (PG Resident) and Mrs Rani Joseph (Administrator). A talk on mental health was delivered by Dr. Liya Mariam John (House surgeon, PIMS&RC). The session was concluded by vote of thanks by Mrs. Monai (health educator, PIMS&RC). Health inspectors, Mrs Shyni and Mrs Bindhu assisted in the successful conduct of the programme.



MEDICAL AND REHABILITATION CAMP

The Department of Physical Medicine and Rehabilitation conducted a free medical and Rehabilitation camp for children with disabilities at rovidence Home, Kunnumthanam on 26th October. The team was led by Rehabilitation Physicians Dr. Jimi Jose and Dr. Jainy John. Other members of the multidisciplinary team were Mrs. Ansu Thomas (Speech Language and Swallow Therapist), Mrs Rekha Pillai (Occupational Therapist) and Mr Shino (Physiotherapist).



RESPIRATORY MEDICINE CAMP

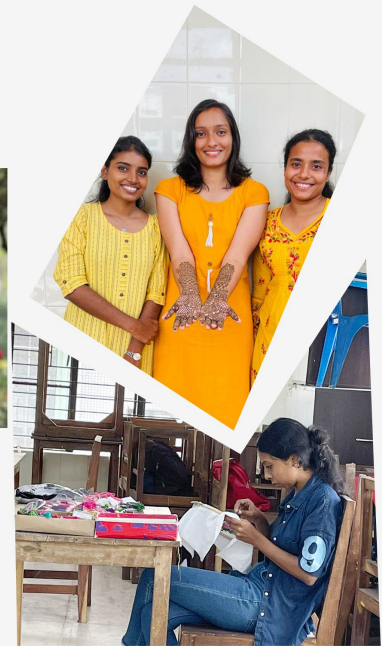
Department of Community Medicine & Respiratory Medicine Department of PIMS & RC jointly organized a Pulmonology camp at RHTC Pulinkunnu on 31st October. The camp was led by Dr. Thomas K Joy. Respiratory Medicine Camp was coordinated by Dr Betsy A Jose (Assistant Professor, Department of Community Medicine, PIMS & RC) assisted by Dr. Vandana Vijayan & Dr. Dency Davis (PG Residents), Mrs. Rani Joseph (Administrator), Health Inspectors and house surgeons. GRBS checking, Blood pressure monitoring, pulmonary function tests, sputum testing were provided free of cost. Free medicines were also distributed. A total of about 50 patients attended the camp.



STUDENTS CORNER

EKTHARA - KUHS INTERZONE ARTS FEST

The KUHS Interzone arts fest was held at Govt. Medical College, Kottayam from 14th to 16th of October 2022. Six students from Pushpagiri Medical College who were selected for various events from the KUHS South Zone arts fest, participated in the Interzone arts. Merlyn Anna George from 2018 batch won second prize in mimicry. Angel Rose, Vinitha Wilson and Karthika Devi (2019 batch) participated in mehendi competition, Aneeta Joseph (2019 batch) in embroidery and Nandana Jyothi (2019 batch) participated in pros and cons.



KUHS B ZONE BADMINTON TOURNAMENT

The KUHS B Zone Badminton Tournament was hosted by Pushpagiri Medical College on 18th and 19th of October 2022. Tournament was inaugurated by former Kerala football player Sri. K T Chacko, at KGF Badminton Academy, Thirumoolapuram. 92 teams from the districts Kottayam, Idukki, Pathanamthitta and Ernakulam participated in the tournament. The final rounds were held at the indoor badminton courts at Pushpagiri. Govt. Medical College Kottayam won the championship in men's category; Pushpagiri Medical College became the first runner up and Believers Church Medical College won the third prize. Among women's category, Mar Baselios Dental College, Kothamangalam became the champions, Sree Narayana Institute of Medical Sciences became the first runner up and MOSC Medical College won the third prize. The prizes were awarded by Rev. Fr. Jose Kallumalickal, CEO, Pushpagiri Medical Society.



AVESHAM - INTERBATCH SPORTS FEST 2022

Inter batch Sports Fest at Pushpagiri Medical College, 'AVESHAM 2022' Commenced on 10th October. It involved various events including throw ball, basketball, cricket, table tennis, chess, caroms, futsal, badminton and football where the students showcased their talents. The qualifiers were conducted for table tennis, caroms, chess, badminton and volleyball.



RESEARCH CENTRE UPDATES

NATIONAL LEVEL HANDS ON WORKSHOP ON RESEARCH GRANT PROPOSAL WRITING

A one day workshop on research grant proposal was conducted on 3rd October 2022 at Pushpagiri Nursing College Auditorium, Thiruvalla. The program was organized by the IQAC cell, Pushpagiri College of Nursing in collaboration with Pushpagiri Centre for Evidence Based Practice. The program was designed to equip researchers with skills to apply for grants in order to take up funded research activities. A total of 72 delegates registered for the workshop. The resource persons were Dr Mamatha S Pai, (Professor, Dept of Child Health Nursing, Manipal College of Nursing) and Dr Sheryl Antony, (Assistant Professor and Scientist, Department of Microbiology, Pushpagiri Institute of Medical Sciences and Research Centre). The program was inaugurated by Rev. Dr. Mathew Mazhavancheril, Director, Research centre, Pushpagiri and MACFAST and he highlighted the importance of research especially in the context of the existing pandemic, how it turned history when vaccinations which has now contained the disease came up because of the hard work of scientists across the globe. He stressed that research should be taken up as an integral part of the academic activities in health care colleges and universities which will help the community at large. The keynote address was delivered by Dr Nebu George Thomas, Professor, Dept of Periodontics, Pushpagiri College of Dental Sciences & Scientist, Pushpagiri Research Centre. He spoke about the importance of taking up research activities. He emphasised that writing projects is the first step in our quest for knowledge and described the different requirements in completing research projects successfully. The first session was taken by Dr Mamatha S Pai, who explained the importance of funding opportunities in grant proposal writing and the common funding agencies. Then, Dr Elsheba Mathew, Director of Pushpagiri Evidence Based practice (PCEBP) gave a valuable insight into systematic reviews and importance of secondary research. The next session was handled by Dr Sheryl Antony, who discussed the basics involved in grant proposal writing including the various steps and requirements for writing the proposal, how to resubmit and how to keep on writing till a grant comes through. This was followed by a hands-on-session on drafting a grant proposal. In this session, the delegates were categorised into five groups and were asked to draft proposals. In the final session, Dr Mamatha S Pai detailed on the tips for writing and polishing up proposals before submission to funding agencies.



CAN Care - “WE CAN” SELF BREAST EXAMINATION TRAINING PROGRAMME

As part of Breast cancer awareness month celebration, Pushpagiri Medical College Can care Cancer Detection Programme held a training on self-breast examination named “WE CAN” at Pushpagiri Medical College Senate Hall on 22nd & 29th October. Selected members from Pathanamthitta District Kudumbashree units and other social organizations were given special training on self-breast examination. As a part of Can - care Programme 2020-22, around 9000 women in Pathanamthitta, Alappuzha, Kottayam were screened. The training program was inaugurated by Dr. Rachana Chidambaram, Deputy DMO, Pathanamthitta. Rev. Fr Jose Kallumalikal, CEO delivered the Presidential address. Pushpagiri Research Center Director Father Mathew Mazhavancheril, Medical Director Dr Abraham Varghese, Kudumbashree District Program Manager P.R Anupa, Community Medicine Professor and Head of Department Dr Felix Jones addressed the gathering. The activities of CAN Care program were briefed by Dr. Vinod Mathew, Chief Project Manager. Community Medicine Assistant Professor Dr Betsy A Jose delivered the vote of thanks. Dr. Susan Mathew (Professor and Head of Department of O.B.G), Dr. Vandana Vijayan (PG Resident, Department of Community Medicine), Dr. Benny Bright (Assistant Professor, Department of General Surgery) led the classes and training. The training programme was coordinated by Dr Vipin, Dr Betsy A Jose, Dr Vandana Vijayan, House surgeons of Community Medicine Department & MSW students from Assumption College. A total of about 80 people from Pathanamthitta kudumhashree unit attended the training programme. The session was followed by self-breast examination training as well as training on Mannequin where their doubts were addressed and cleared.



PUBLICATIONS & PRESENTATIONS

Pushpagiri Research centre

- ⑦ Ghadah Abu-Shawish, Joseph Betsy and Sukumaran Anil (Adjunct Scientist-Pushpagiri Research Centre), Is Obesity a Risk Factor for Periodontal Disease in Adults? A Systematic Review, Published: 4 October 2022, A Systematic Review. Int. J. Environ. Res. Public Health 2022, 19,12684. <https://doi.org/10.3390/ijerph191912684>.
- ⑦ Sahar Sultan , Nebu Thomas, Mekha Varghese , Yogesh Dalvi, Shilpa Joy 4, Stephen Hall and Aji P. Mathew, The Design of 3D-Printed Polylactic Acid Bioglass Composite Scaffold: A Potential Implant Material for Bone Tissue Engineering, Published: 25 October 2022, Molecules 2022, 27, 7214. <https://doi.org/10.3390/ molecules 27217214>.
- ⑦ Sukumaran Anil (Adjunct Scientist-Pushpagiri Research Centre),Potential Medical Applications of Chitooligosaccharides, Published: 29 August 2022, Polymers 2022, 14, 3558. <https://doi.org/10.3390/polym14173558>.

Department of Community Medicine & General Medicine

- ⑦ Dr. Joe Abraham (Assistant Professor, Dept. of Community Medicine), Dr. Abraham Varghese (Professor, Dept. of General Medicine), Healthcare workers infected with COVID-19 in a tertiary care center in Kerala. International Journal of Community Medicine & Public Health. DOI: <https://dx.doi.org/10.18203/2394-6040.ijcmph20222908>

Department of Orthopaedics

- ⑦ Dr. Varkey .S.Kulangara, Assistant Professor Department of Orthopaedics has done a Paper Presentation on ‘ Phaeohyphomycosis- A rare case of fungal osteomyelitis’ at the 42nd SICOT Orthopaedic World Congress at the Kuala Lumpur Convention Centre, in Kuala Lumpur (Malaysia) in September 2022.

Department of Pharmacology

- ⑦ Dayana. K presented an E-paper with title “Synthesis, Characterisation and anti-microbial evaluation of novel 1-(pyridine-2yl)-1H pyrazole-5-carboxamide derivatives” at the National Conference of Andhra Pradesh Pharmacologist Society (APPS) on 23rd & 24th September 2022 held at Department of Pharmacology, Govt. Medical College Ongole, Andhra Pradesh.
- ⑦ Dr. Chinju Sara Cherian presented a poster titled - "Atorvastatin induced Rhabdomyolysis -a case report" at the National Annual Conference of National Association of Pharmacology & Therapeutics held at Father Muller Medical College Mangalore on 28th October 2022.

Achievements.....

POSTER PRESENTATION

Dr. Chinju Sara (Final Year PG), Dr. Saranya Ravi (Second Year PG)
Department of Pharmacology bagged first and second prize respectively for poster presentation in the conference "Recent trends in Clinical trials- Indian and Global perspective" held on 22nd October at MES Medical College Hospital Perinthalmanna



GOVERNING COUNCIL MEMBER – APCCM

Dr. Midhun M, Assistant Professor, Department of Respiratory Medicine has been elected as Governing council member - APCCM - one of the largest National level organizations of Pulmonologists in India.

RESEARCH POSTER PRESENTATION – “ PULMOCON”

Dr. Stephen Sunny, Final year Post Graduate student won 03rd prize for research poster presentation at "PULMOCON" state conference of the Academy of Pulmonary and Critical Care Medicine.



APCCM PRESIDENT'S APPRECIATION AWARD

Dr. P Sukumaran, Professor and Head of the Department of Respiratory Medicine, received the APCCM president's appreciation award at "PULMOCON" state conference of the Academy of Pulmonary and Critical Care Medicine

PUSHPAGIRI CLINICAL CLUB NEWS

The sessions of Clinical Club were conducted in the Month of October. Topics taken and their respective speakers were as follows:

- ▶ Biomaterials in Tissue Engineering - Dr. Nebu George Thomas
- ▶ COPD- Beyond Bronchodilators- Dr. Midhun. M
- ▶ Being prepared for a Black Swan Event - Dr. Anand Paul
- ▶ End of Life Care- Dr. P. T. Thampi

Conveners Capsule – Soft Doctor Series Speakers for the month were:

Dr. Yogesh Dalvi

Dr. Mathew Ninan

Dr. Lissa Abraham

Chief Editor : Rev. Fr. George Valiyaparambil
Email : academicdirector@pushpagiri.in

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Editorial Team : Dr. Nithin K Raju
: Dr. Dona Dominic
: Dr. Leya Elizabeth Babu
Email : newsletter@pimsrc.edu.in
Design & Layout : Jeswin P George
: pubilicrelations@pimsrc.edu.in



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